A society free from trafficking of children and women
INTRODUCTION

One of the most cherished words in Nepali has to be Maiti, a married woman’s childhood home. This is where, as a girl, she receives unconditional love, and, where, as a woman living in her Ghar, or husband’s home, she returns to celebrate important festivals and to recover after the birth of her children. Beyond being just a word, Maiti is a concept: it represents a place of security and comfort, a sanctuary in a world that can be cruel, especially to women.

Maiti Nepal is just such a refuge for Nepali women who every year find themselves trafficked, exploited, or abused or who have their rights denied. Founded in 1993 and headquartered in Kathmandu, this non-profit, secular organisation works to protect vulnerable individuals, rescue victims and improve their lives, promote child and women's rights, and ultimately to end trafficking altogether through four key activity sectors: Prevention, Advocacy, Rescue, and Rehabilitation. In its efforts, Maiti Nepal seeks to build awareness and secure the cooperation of school and college students, parliamentarians, law enforcement agencies and organizations in Nepal as well as their counterparts in India.

Vision

A society free of the sexual and other forms of exploitation of children and women

Mission

To combat exploitation, violence, and trafficking of children and women through comprehensive prevention and rehabilitation programs promoting education, empowerment, health, and social inclusion.
## Objectives:

- **Advocate, conduct awareness campaigns, seek public support, and create social pressure against trafficking of children and women**
- **Provide counselling, support, and life skills to children and women at risk of being trafficked.**
- **Rescue trafficked children and women from exploitative conditions abroad and repatriate them.**
- **Provide legal services, health counselling, and assistance to destitute women, survivors of girl trafficking, and victims of domestic violence.**
- **Rehabilitate survivors by providing them with education, counseling, and a safe home.**
- **Shelter orphans and destitute children and support their overall development.**

## Date of registration: 1993

**Registration No.:** 413/049/050 under Article 4 of the Institutional Registration Act of 2034

**Place of registration:** Kathmandu District Administrative Office

**Affiliations:** Social Welfare Council, Government of Nepal; affiliate No. 1137

**ECPAT**

ATSEC Nepal Chapter (Action against Trafficking and Sexual Exploitation of Children)

Consultative Status with the UN ECOSOC (United Nations Economic and Social Council)

**Infrastructure:** 3 Prevention homes (2 Temporarily Closed), 14 Transit homes, 2 Rehabilitation homes, and 2 Hospices, 2 Information and Counselling centre around the country.
ANNUAL STATISTICS

2485 Intercepted
2349 Reintegration
322 Rescued

2267 Missing Person Cases Registered
727 Missing Persons Found
88 Rape Case Registered to Court

581 Domestic Violence Cases Registered
240 Domestic Violence Cases Mediated

248643 Vehicles Screened at the Border
1384 Safely Returned Home from Border After Counseling
3500+ People Received Safe Shelter

70306 People Informed on Safe Migration/Foreign Employment

22045 Awareness Provided Regarding Human Trafficking
48 Cases of Human Trafficking Filed
Maiti Nepal is devoted to combating human trafficking including violence against women and children. Maiti Nepal promotes human rights and provides services of protection, rescue, rehabilitation, and reintegration to the survivors. Headquartered in Kathmandu, MN has been carrying out its activities in 14 districts with three regional offices located in Central, Western and Eastern Regions. Further, MN works by creating greater sensitivity and broader harmony among the public, government, and non-government actors at national and international arenas while addressing the needs of its target beneficiaries.
KEY PROGRAM AREAS

ADVOCACY AND AWARENESS:
The initiatives within this theme are conducting mass community awareness campaigns, orientations, and training; training school teachers and students, establishing students-against-human-trafficking groups, establishing information and resource centres, and community outreach programmes conducting cross-sectorial meetings, linking and networking with line agencies.

PREVENTION AND PROTECTION:
Prevention is one of the key elements of Maiti’s Program. Operating prevention homes, running formal and non-formal education programmes, providing vocational income-generating training and micro-credit, establishing community safety nets, promoting women’s empowerment and safe migration, intercepting potential victims, and scaling-up initiatives fall under this program theme.

RESCUE AND REPATRIATION:
Securing liberation or withdrawal and facilitating repatriation.

REHABILITATION AND REINTEGRATION:
Providing medical services and crisis counselling, identifying families and reuniting survivors, mainstreaming them into formal education, providing life skills and gainful employment, establishing self-help groups and conducting rights-based training, apprehending and filing charges against offenders, reintegrating survivors and following up on their progress are incorporated under this theme.
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ADVOCACY AND AWARENESS

Conducting mass community awareness campaigns, orientations, and training; training school teachers and students, establishing students-against-human-trafficking groups, establishing information and resource centres and community outreach programmes conducting cross-sectoral meetings, linking and networking with line agencies.

Mass Awareness Campaigns 2019

Awareness campaigns have remained as the most effective means to sensitize people on anti-trafficking and safe migration issues since inception of the organization. Maiti Nepal believes trafficking and exploitation will reduce drastically only when the vulnerable communities are aware of it. In 2019, MN organised nine awareness campaigns in six districts of Nepal with a special focus on rural communities, schools, and colleges. The target population were adolescent girls, students, parents and teachers as well. Awareness was raised through the dissemination of IEC materials, radio jingles and through musical performances.

Major Achievements:

- Nine sharing meetings were conducted with the local level government to raise awareness against trafficking
- Performed nine awareness street drama on anti human trafficking and safe migration at Dhading, Chitwan, Tanahun, Nawaplarasi, Kathmandu and Sindhupalchowk districts reaching out to more than 3600 people.
- More than 5000 pieces of IEC materials were distributed during the street drama performance
- The survivors’ team themselves performed drama and raised awareness
PREVENTION AND PROTECTION

In an ideal world, no child or woman would ever be trafficked; in reality, the vulnerable will still be sold.

Prevention Home run four to six month long residential trainings for up to 25 at-risk girls at a time. Their comprehensive programme includes psychological counselling and self-esteem-building activities, lessons in trafficking, health care, child and women’s rights and social issues, and training in life and income-generating skills such as sewing, candle making, fabric-painting, tailoring, handloom weaving and small scale entrepreneurship development. To motivate trainees to become social activists, the package also teaches leadership, group formation, communication and community mobilisation skills.

Graduates are empowered to conduct awareness campaigns in particular about the methods of traffickers; stand vigil in their communities; detect warning signs and prevent trafficking. Their success demonstrates that vulnerable population are beginning to understand the magnitude and ramifications of the problem.

Prevention Home, Hetauda Makwanpur (Established: 1997)

Since inception, prevention home succeeded in providing vocational training to 930 girls/women basic and advance sewing and tailoring training along with comprehensive leadership and life skills development.

As a regular activity, this year, Maiti provided comprehensive training to 20 vulnerable girls of rural parts of Makwanpur who were underprivileged, marginalised, economically poor and socially excluded. They were skilled in knitting and sewing (tailoring), cushion making, and further empowered with leadership and life skills.

Now they are serving as Maiti Nepal's volunteers aiming to raise awareness on anti human trafficking and safe migration in the communities. Further, the Prevention Home Makwanpur provided shelter to the victims of domestic violence, rape, and other sorts of violence.
Major Achievements:

- Provided short-term shelter for 27 girls and women; reintegrated them into the family.
- 18 rape cases were registered for which MN provided legal aid for prosecutions. Of them, 4 cases have been decided in the favour of victims.
- 2 cases of human trafficking were registered.
- Rescued 6 girls/women from precarious circumstances.
- 16 persons found out of 50 missing cases registered.
- 54 domestic cases were registered which MN provided mediation services.
- 993 persons (623 males and 370 females) were oriented on different issues of human rights.
- IEC materials were distributed to 4189 people for raising the level of awareness.
- Six orientations on anti-trafficking and safe migration were organized in various schools. MN orientated more than 700 children of 8-10 grades and made them aware on different types of trafficking and informed them the about measures to remain safe.
- Three door-to-door campaigns was organized reaching more than 1050 people with anti-trafficking and safe migration related messages.
- Maiti organized 16 Days' of Activism against Gender-based Violence with involvement of more than 150 people.
- Meeting held with LCCHT helped increase cooperation to combat human trafficking.
The lack of good opportunities, existing problem of gender disparity, domestic violence, gender based violence, poverty, a desire for better livelihood opportunities and many more has led to the increasing demand for foreign employment and eventually boost in migration.

Women are reported to be much vulnerable to sexual and economic exploitation in all the processes of migration i.e. from departure, transportation to the destination. Nepali female migrant workers have been found passing through worst form of exploitation in foreign soil.

To address exploitation of foreign labour migrants and to promote safe migration Maiti Nepal operates “Information Desks” at Tribhuvan International Airport, Kathmandu; Department of Passport at Ministry of Foreign Affairs; Passport Section, of District Administration Office, Bhairahawa, Rupandehi district; Chandragadi, Jhapa district; Dhulikhel, Kavrepalanchowk district and Hetauda, Makwanpur district. Information desks at these places have been instrumental in disseminating wider knowledge on safe migration.
Information & Vigilance Centre at Naghdhunga, Kathmandu was started in 2001 to raise awareness and intercept the potential trafficking victims. This checkpoint is serving the mission of the organisation by providing information to the migrating youths from this point and intercepting the girls who are vulnerable of trafficking. The surveillance team here works in close coordination with the police, inspect the vehicle, and provide information on safe migration and trafficking to the passengers.

Naghdhunga is the main gateway from where most vehicles including buses, trucks, cars, etc. enter into and exit from Kathmandu to different borders of India.
Major Achievements:

319,03 vehicles were inspected with the support of Nepal Police and Border Surveillance Team at Thankot.

119 girls/women were provided comprehensive shelter, counseled on anti-trafficking and safe migration.

146 girls/women were intercepted and saved from being the trafficking victims.

8546 children/women were provided information on safe migration and anti-trafficking at the checkpoint.

7 cases against trafficking and rape filed and under prosecution.

Reunited 6 persons of 51 missing application.
Maiti Nepal at Kavre district has been continuously running various programs regarding Human Trafficking and Safe Migration for the past 7 years. Since April 2014, Maiti Nepal has been running Information and Counseling Desk at the District Administration Office, Kavre where girls and women coming DAO to make their passports are counseled thoroughly because the number of girls and women for Foreign Employment has increased and so is the probability of Human Trafficking.

After the devastating Mega Earthquake of 2015, various types of social, psychological and economic problems have come to light at Karve District which leads to Sindhuli Badibas along the BP Highway and towards the east part of the country. In order to take the advantage of this problem, it is found out that people are luring women and children of different districts for employment and other types of promises and have chosen the above route for trafficking. Maiti Nepal, sensing this route being the new "on the way" hub for trafficking, installed an Information and Counseling Center. The center, along with the police checks all the vehicles and interrogates the women and children heading from different places to the east taking this route. During this it is found out that some were going to Indian cities for employment, some for foreign employment via India, some to meet their friends whom they met through social media and some were going to different hotels, dance bars to work. Also, girls and women coming to the District Administration Office to make their passports are counselled thoroughly.
## Major Achievements

<table>
<thead>
<tr>
<th>Activities</th>
<th>Data</th>
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</thead>
<tbody>
<tr>
<td>Vehicle checked</td>
<td>8520</td>
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<tr>
<td>Counseling provided</td>
<td>588</td>
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<tr>
<td>IEC materials distribution</td>
<td>3284</td>
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<tr>
<td>Reunion with family through police</td>
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<tr>
<td>Taken to central office</td>
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<tr>
<td>Total Intercepted</td>
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<tr>
<td>Rescue</td>
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<td>Missing Application filed</td>
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<tr>
<td>Missing cases Found</td>
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<tr>
<td>Domestic Violence cases</td>
<td>57</td>
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<tr>
<td>Case of Trafficking</td>
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Transit Homes

Nepal and India share almost 1,850 kilometers of open borders with limited documentation procedures or systems in place for the proper identification of nationals from both sides of the border. This makes it very easy for children and women to be trafficked to different destinations mainly India and further to China, Oman, Kuwait, UAE, Bangladesh, Saudi Arabia, Lebanon, Iraq and Bahrain. Nepalese women and girls are being trafficked to China by using the privilege of 24-hour travel permission for citizens of border districts.

MN has been operating Transit Homes in 12 border towns of Nepal and 2 borders of China to exert vigilance over trafficking issues through these border checkpoints. The transit homes mainly carry out border surveillance, interception, the rescue of children and women in close coordination with border police. For this, a border surveillance team (BST) of 2-4 persons are deployed at the border checkpoint.

Similarly, Transit Homes provide immediate shelter, protection, counselling, required health care services and information on anti-trafficking and safe migration. Apart from these services, Transit homes help them reintegrate them with the family. If beneficiary needs further rehabilitation programs, Transit homes refer the girl/women to the centre office where she is provided with comprehensive services including vocational training, education so that she could ultimately be reintegrated into the community and sustain her life socially and economically.

Besides, Transit Homes closely works with local government, civil society organisations and local people and implement different programs that help reduce the incidences of trafficking, rapes, domestic violence and maximize the opportunity of living a dignified life for women/girls and children.
Objectives

- Intercept the girls and women at risk of trafficking from the border.
- Provide the victims/survivors with comprehensive services including legal support, counselling and better life options
- Organise awareness, advocacy and networking activities in the district
- Facilitate and support legal prosecution against criminals
- Support the police in the border to check the vehicle and identify girls and women at risk of trafficking

Transit homes in Statistics

<table>
<thead>
<tr>
<th>Districts</th>
<th>Interception</th>
<th>Rescue</th>
<th>Short-term Shelter</th>
<th>Sharing on safe migration, trafficking &amp; foreign employment</th>
<th>No. of vehicle checked</th>
<th>Missing cases</th>
<th>Domestic violence cases</th>
<th>Training to women/girls</th>
<th>Household (Door-To-Door)</th>
<th>IEC Material</th>
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<td>1</td>
<td>76</td>
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<td>1756</td>
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<td>411</td>
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<td>18</td>
<td>20</td>
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<td>Kailali</td>
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<td>851</td>
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<td>64</td>
<td>23</td>
<td>61</td>
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<td><strong>2337</strong></td>
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<td><strong>597</strong></td>
<td><strong>238</strong></td>
<td><strong>179</strong></td>
<td><strong>2118</strong></td>
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</tbody>
</table>

*Figure 1: Transit Home Data in 2019*
Transit Home at Banke

- Formed Local Committee for Controlling Human Trafficking in Nepalganj Sub Metropolitan, Ward no. 20 Manikapur, Ward no. 12 Koriyenpur, Ward no.13 Shantinagar, Ward no.10 Gadriyanpur
- Organized an orientation Program to secondary level teachers and students on 8th March, 2019 to 64 people to sensitize them regarding the issue of Human Trafficking as well as the issue of migration
- Celebrated 109th International Women’s Day by organising a rally jointly with the Sub Municipality of Nepalgunj and other concerned authorities.
- Organised an orientation program about Human Trafficking for Youths.
- Organised an interactive meeting of Maiti Youth Network with a total of 12 participants.
- Organised intermediate school level orientation program to make the students aware about Human Trafficking and Safe Migration.
- Organized Meeting of Municipality Project Advisory Committee on 23 August 2019
- Organized an orientation program to police officers on 24th December 2019.
- Organized media interaction program on 31st December 2019
Transit homes- Bardiya, Bhairhawa, Biratnagar, Jhapa

- Celebrated 12 days of national and international significance; national anti-trafficking day, sixteen days of activism against gender violence, international human rights day which fall within the project period.
- 4 press meets organized; 1 by each Transit Home with 95 journalists and media persons.
- 4 MPAC meetings organized; 1 in each transit home with a total of 105 participants.
- 4 DCCHT meetings organized, one by each transit home with a total of 105 participants.
- 4 interaction meetings conducted with local stakeholders (Police, NGOs and Lawyers) with 105 participants.
Transit home at Pashupatinagar Illam

- Street drama performed in different places of Illam district from March 1, 2019 to March 7, 2019.
- Women’s Day Celebrated on 8 March 2019 with more than 135 participants.
- Two days orientation program provided to high-risk students and various youth group of Illam District to control unsafe migration.
- Awareness campaign organized by distributing IEC materials at Mane Bhanjyang on 4th April 2019.
- Organized two days leadership training program among victims of gender based violence, potential victims and various women group.
- Orientation to students of grade 9 & 10 on changing dimension of human trafficking.
- MPAC Meeting organized among various stakeholders to inform about the activities conducted by Maiti Nepal and to develop the strategies for effective border monitoring.
- Celebration of anti-trafficking day with rally on Sep 6, 2019.
- Orientation to police personnel organized to improve coordination between border staffs and police officers on Sep 23, 2019.
- Conducted income generating training to possible survivors, victims of gender based violence and women groups in Mushroom Farming from Nov 11 to Nov 13 2019.
Transit home at Mahespur, Nawalparasi

- Celebrating 110th International Women's Day Transit Home Maheshpur on 8th March 2020 organized a mass rally with partaking of 215 people.
- Organized interaction program with 33 police personnel at Palhi Nandan Rural Municipality of Nawalparasi.
- Organized a network meeting with local stakeholders with 30 participants at Palinandan Municipality in Nawalparasi District.
- To commemorate 13th National Anti-Human Trafficking Day, Transit Home in coordination with PalhiNandan Village Council organized a rally on 6th September which gathered 150 participants.
- Organized an interaction program with 18 media workers.
- Conducted advocacy program reaching 121 students at two different schools of Palhinandan Village Council ward no 1 and 2.
- Organized MPAC (Municipality Project Advisory Committee) meeting with partaking of 15 government representatives.
- Marking 16 days of activism against gender based violence the Transit Home in coordination with Municipality organized a range of mass awareness program from 15th to 10th December 2019 at Ramgram Municipality of Nawalparasi.
- Celebrated International Migrants Week from 12-18 December 2019 by disseminating information and IEC materials to the people crossing the Thutibari border of Maheshpur, Nawalparasi.
Transit home at Birgunj

- Celebrated 109th International Women's Day, by distributing the informative brochures and pamphlets to 300 people crossing the Indo-Nepal border on 8th March 2019. Conducted an interaction program with transport workers on 18th June 2019 at Birgunj Metropolitan City with presence of 29 concerned participants.
- Conducted an interaction program with transport workers at Birgunj Metropolitan City with presence of 29 concerned participants.
- Carried out an interaction program with police personnel with 25 police personnel and media representative in Hotel Shikar of Parsa district.
- Celebrated 13th National Anti- Human Trafficking day on 6th September 2019, by organizing mass rally in coordination with Birgunj Metropolitan City, Armed Police Force and concerned Civil Society Organizations with 200 participants.
- Organized the advocacy program to 25 students and teachers of 3 different schools at Duwar Devi Secondary School of Birgunj, Parsa.
- Celebrated National Children's day on 15th September 2019 in coordination with local level government, District Administration office, District Police Office and concerned Civil Society Organizations by organizing rally, street drama and dissemination of IEC material with 100 participants.
- Organized a network meeting with local agencies and stakeholders at Ward Office 4 - Birgunj Metropolitan City with partaking of 33 concerned participants.
- Celebrated International Migrants Week from 12 to 18 December by sensitizing the people on human trafficking and safe migration through dissemination of IEC materials to 1710 people through Raxaul border.
- Organized media interaction program with 20 media representatives from different media houses at Aadarshanagar Town Hall Birgunj.
Transit Home organized Cross Border Meeting in Hall Town Hotel, Birgunj with partaking of 59 concerned participants from Nepal and India.
Conducted MPAC (Municipality Planning Advisory Committee) with 10 concerned government and Non Government stakeholders at Birgunj Metropolitan Office Birgunj.

Transit home at Dhangadi

- Shelter support, health check-up, psychosocial counseling, services received by 86 adolescent girls and women.
- Six cases registered at the district court in Kailali District and they are in court hearing process.
- Six meeting with Shelter Management Committee and other concerned stakeholders conducted at Maiti Nepal Office in Dhangadhi District
- 153 minor (<18 years) girls intercepted from India-Nepal border were provided shelter support then reintegrated with their family and relatives after counseling on anti-human trafficking, safe migration, child and women rights, and against GBVs.
- 27 girls and women were intercepted and sent back home directly from the India-Nepal Border
- 3137 IEC materials distributed during the booth surveillance and 10 survivors rescued from the exploitative situation and reintegrated with their family.
- 2372 vehicles checked during the border surveillance through the Information Centre.
- 149 missing cases and Nine domestic violence cases registered among which, 30 were successfully found and Eight cases of domestic violence were solved.
- 11 human trafficking case and four cases of sexual exploitation case registered at District Police Office.
RESCEUE AND REPATRIATION

Rescue and repatriation are among the key activities of Maiti Nepal. MN rescues the girls, women and children from the sexual servitude, migration traps and other forms of exploitation. The rescue operation is carried out in the entertainment sectors of Nepal, Indian brothels and other places where the girls and women are forcefully involved in such activities.

Such rescued girls/women are provided with comprehensive shelters in transit homes located in different border cities- Pashupatinagar, Kakarvitta, Biratnagar, Dhunche, Birgunj, Maheshpur, Bhairawaha, Nepalgunj, Gularia, Kanchanpur, and Dhangadhi. Depending upon the cases, rescued girls are also referred to the Rehabilitation Homes based in Kathmandu and Sunsari districts.

Transit homes provide them with required medical treatment, counselling based on problems, safe living environment, life skills, and other interventions. Legal support to penalize the offender/trafficker is one of the important activities. They are also provided with vocational training for economic empowerment.

Major Achievements:

- 322 girls/women and children were rescued during the year which includes 43 from Internal and 4 from External destination.
REHABILITATION:
Providing medical services and crisis counselling, identifying families and reuniting survivors, mainstreaming into formal education, providing life skills and gainful employment, establishing self-help groups and conducting rights-based training, apprehending and filing charges against offenders, reintegrating survivors and following up on their progress.

REHABILITATION AND REINTEGRATION

After the girls and women are intercepted or rescued, they are reunited with families after counselling because reunion with the family will not put them in danger. However, there are many instances where these girls are unable to cope with ordinary life because of the trauma of the incidence of physical, mental and psychological problems and feel humiliated and fear the rejection of society.

It is when Maiti rehabilitates them and provides essential services that help them come to the ordinary course of life. For this Maiti Nepal has two rehabilitation homes located in Kathmandu and Sunsari districts and one Child Protection Home in Kathmandu.

What we do in Rehabilitation Home

- PROVIDE REHABILITATION AND CRISIS SERVICES
- PROVIDE HYGIENIC ACCOMMODATION AND FOOD
- PSYCHOSOCIAL COUNSELLING AND HEALTH SERVICES AND PSYCHOTHERAPY
- LEGAL AND SOCIAL SUPPORTS
- VOCATIONAL TRAINING OF THEIR INTEREST IN EMPOWERMENT THROUGH ECONOMIC OPPORTUNITIES
- FORMAL AND NON-FORMAL EDUCATION AND AWARENESS ON ANTI-TRAFFICKING, SAFE MIGRATION
- LIFE SKILL DEVELOPMENT
Rehabilitation home in Kathmandu

Maiti has been operating a well-facilitated Rehabilitation centre with the capacity of accommodating and serving 400+ women and children regularly. The beneficiaries of the rehabilitation centres range from rescued and intercepted women to victims of rape and domestic violence and the like.

The major activities in the Rehabilitation Home are the provision of the shelter, non-formal/formal education; vocational and life skill training blended with life skill orientation. Further, the home regularly conducts counselling sessions, health services, orientation on anti-trafficking, domestic violence, and safe migration.

Maiti has categorized the rehabilitation home into two sections: Women Rehabilitation Centre (WRC) and Child Protection Centre (CPC). WRC is dedicated to adolescent girls and women whereas the CPC accommodates the younger children below 18.

In 2019, Maiti provided services to 356 children and women in the Rehabilitation home out of which 109 were residents of WRC, and 247 of CPC. The children in CPC are provided with comprehensive supports that include safe shelter, health services, education, extracurricular activities, and the like.

As an empowerment approach, the women and girls in WRC are provided job-oriented training for economic activities. In 2019, 109 girls/women were engaged in the following activities:
<table>
<thead>
<tr>
<th>Job/Training Category</th>
<th>No. of Persons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Housekeeping, Cook and Service Staff at different various hotels - Susitime, Omaago Hotel, Alley way etc. Hotel (all of them have taken six month Hotel Management Training)</td>
<td>10</td>
</tr>
<tr>
<td>Beautician at Nil David Beauty Salon, Sundhara, Kathmandu.</td>
<td>5</td>
</tr>
<tr>
<td>Child caretakers in the Maiti's Child Protection Centre</td>
<td>5</td>
</tr>
<tr>
<td>Office helpers at Maiti Nepal, Kathmandu</td>
<td>4</td>
</tr>
<tr>
<td>Clinic helpers at Maiti Nepal Primary Health Care Centre, Kathmandu.</td>
<td>4</td>
</tr>
<tr>
<td>Kitchen helpers at Maiti Nepal, Kathmandu</td>
<td>4</td>
</tr>
<tr>
<td>Gardener at Maiti Nepal, Kathmandu.</td>
<td>1</td>
</tr>
<tr>
<td>Canteen helpers at Maiti Nepal, Kathmandu</td>
<td>2</td>
</tr>
<tr>
<td>Helpers at Teresa Academy, run by Maiti Nepal, Kathmandu.</td>
<td>3</td>
</tr>
<tr>
<td>Taking Beauty Parlour training at Nil David Beauty Salon, Kathmandu</td>
<td>6</td>
</tr>
<tr>
<td>Taking mobile repair and maintenance training at Indreni Polytechnic Institute</td>
<td>6</td>
</tr>
<tr>
<td>Hotel Management Training at Global Institute of Hotel Management and Tourism Technical Centre</td>
<td>18</td>
</tr>
<tr>
<td>Taking in-house sewing and boutique training at Maiti Nepal</td>
<td>13</td>
</tr>
<tr>
<td>Attending classes/training on no-formal education, income generating skills, and life skills in Maiti rehabilitation home, Kathmandu</td>
<td>7</td>
</tr>
<tr>
<td>Working as Trainees at Maiti Nepal's workshop wherein women learn income generating skills on making bead items.</td>
<td>16</td>
</tr>
<tr>
<td>In-house Sanitary pad factory of Maiti Nepal at Maiti Nepal, Kathmandu</td>
<td>5</td>
</tr>
</tbody>
</table>

Table 1: Engagement of Girls and Women in 2019
IN 137 CASES OF TRAFFICKING,
- 120 were rescued from various trafficked destinations in India namely, Delhi, Mumbai, Agra, Manipur (Imphal), Mizoram, Rakhswol,
- 01 was rescued from Myanmar
- 03 were rescued from Malawi
- 12 were rescued from Kenya
- 01 was rescued from Dubai

IN 73 CASES OF DOMESTIC VIOLENCE AND DESTITUTION,
- 37 were re-integrated with their families
- 04 are in the rehabilitation centre of MAITI Nepal, Kathmandu and enrolled in life skill and leadership training,
- 07 have been provided job at various hotel of Kathmandu after six month of hotel management training.
- 22 are attending different training like beauty parlour at Nil David Beauty Salon, sewing at MAITI Nepal's workshop and hotel management training at Global Institute of Hotel Management and Tourism Technical Centre and mobile training at Indreni Polytechnique Institute, Bhaktapur.
- 03 have been shifted to the MAITI's child protection centre as they wanted to receive formal education.

- 01 has been shifted to the MAITI's child protection centre as they wanted to receive formal education.
- 132 were re-integrated with their families.
IN 32 CASES OF INTERCEPTION,
31 were re-integrated with their families.
01 is working as a gardener at Maiti Nepal head office.

IN 16 CASES OF RAPE,
11 were re-integrated with their families.
02 have been shifted to the child protection centre as they wanted to receive formal education.
01 is taking in-house sewing training at Maiti Nepal, Kathmandu.
02 are in Maiti Nepal’s rehabilitation home in Kathmandu and enrolled in life skill and leadership training.

165 children are attending schools.
03 girls are attending colleges.
10 children and infants staying at baby room of Maiti’s child protection centre.
04 children are with their mothers and are residing in the women’s rehabilitation home.
04 children are attending higher secondary level schools.
01 child is attending deaf school.

Maiti Nepal has provided education support for 48 girls who were staying at Maiti Nepal. Now they have become sustainable economically and are reintegrated to their family or community. During 2019 MN rescued 10 children and provided them needful support.

OUT OF 187 CHILDREN

OUT OF 10 CHILDREN,
02 children were re-integrated.
04 children are attending Teresa Academy a school established by Maiti Nepal.
04 children are infant and staying at baby room of Maiti’s child protection centre.

43 out of 44 cases of restaurant workers were reintegrated with their families. 01 is taking in-house tailoring training.

In 2019, MN provided comprehensive support to 247 children and they were provided with received
- Shelter
- Medical assistance
- Education
- Food and clothing
- Legal aid
Statistical data of trafficking survivors:

<table>
<thead>
<tr>
<th>Name of City and Country from where girls were rescued</th>
<th>Number of Trafficked Girls Rescued</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delhi, India</td>
<td>09</td>
</tr>
<tr>
<td>Agra, India</td>
<td>05</td>
</tr>
<tr>
<td>Mumbai, Maharashtra, India</td>
<td>03</td>
</tr>
<tr>
<td>Raksaul, India</td>
<td>01</td>
</tr>
<tr>
<td>Manipur, Imphal, India</td>
<td>94</td>
</tr>
<tr>
<td>Mizoram, India</td>
<td>08</td>
</tr>
<tr>
<td>Myanmar</td>
<td>01</td>
</tr>
<tr>
<td>Dubai</td>
<td>01</td>
</tr>
<tr>
<td>Kenya</td>
<td>12</td>
</tr>
<tr>
<td>Malawi</td>
<td>03</td>
</tr>
</tbody>
</table>
Maiti Nepal has been running a rehabilitation home at Bargachhi in Itahari since 2002. The centre seeks to address the needs of children and women vulnerable to trafficking and sexual exploitation including the survivors of trafficking in persons. It provides safe shelter and holistic supports to the girls/women. The centre conducted skilled training programs during 2019 including components of non-formal education, life skills, women's rights, maternal health, early marriage, and the like.

Round the year, the program focused on the empowerment of girls/women through income generation training tailored with life skills, leadership and awareness of anti-human trafficking and safe migration.

Achievements in 2019:

- **35 Girls** were trained on tailoring.
- **28 Residential** and **7 Non-Residents**

1 girl was provided short term shelter and was later reintegrated with her family.

One month dolls making training was simultaneously organized from June to July 2019 to the 27th batch of girls.

35 Girls were trained on tailoring.

- **9** out of **35 Girls**
- **3** belonged to economically backward family
- **21** were rape victims
- **3** were victims of domestic violence

**Found 5 of 26 persons reported missing and reunited with their families**

The home organized farewell and certificate distribution program to 27 and 28th batch of the trainees.

The home organized street drama on anti-human trafficking and safe migration at community and celebrated 27th anniversary of MN in coordination with Dharma Hatemalo Udhami Women’s Group and Community Police of Itahari.

On Dec 6, 2019, an interaction program was conducted on gender-friendly information dissemination between women journalists and media persons in collaboration with the Itahari sub-metropolitan office.
LEGAL AID

Legal service is one of the core components of rehabilitation support to the survivors of trafficking and other forms of violence, including abuse, exploitation, and domestic violence. For this, Maiti Nepal has constituted a separate legal aid section for the protection and promotion of women and child rights. The legal aid section provides services of cardinal advocacy, free legal assistance and counselling to cases of missing persons, survivors of human trafficking, victims of domestic violence, sexual assault, psychological abuses and harassment to women both inside the country and to those seeking foreign employment. The legal aid is provided from transit centres, prevention homes and from MN head office.

Statistically, the legal aid section receives about 6 to 8 cases of domestic violence and about 3 to 4 cases of children and women daily. A team of lawyers handles all these and support the victims.

Objectives

To raise awareness against trafficking of women and children by conducting social awareness campaigns both from legal and social perspectives.

To provide free legal assistance to trafficked/raped victims in court, destitute women, victims of domestic violence, sexual abuses, and women seeking foreign employment.

Assist different district offices of Maiti Nepal to help them in tracing the missing person and also send paramount information to our sister organizations in India.

To investigate missing person cases especially regarding young girls and women.
**Major Achievement:**

- Legal Unit provided 4194 people with legal support in various cases. Of these, 34 cases were of trafficking and all of them are awaiting a final decision by the courts. All the cases have been filed in District Courts of Kathmandu as well as different district courts of the branch office.
- 581 reported cases of domestic violence as well as gender base violence out of them 240 cases were solved through the way of counselling and mediation.
- 2267 cases of missing girls/ women were reported. Out of 2267 missing girls/women, 727 girls/women were found and handed over (reunited) to their families.
- 88 cases of rape were filed in different district courts.
- 1177 persons were counselled either face-to-face or via phone.
Maiti Nepal established Sonja Jeevan Kendra (clinic) in 2001. It is a safe haven for all the girls/women and children who were once traumatized, tortured, bruised and battered in course of trafficking and other forms of crimes. Primary health care center provides comprehensive medical services including referral services for complicated cases.

It provides general and routine health checkups, lab testing services and medicines and invites visiting doctors on a regular basis for intensive care and examination. The beneficiaries of the Primary Health center are children and women residing at Maiti Nepal, survivors of trafficking and other forms of abuse and exploitation. Medical doctors and staff nurses regularly provide services in the center. It provides services not only to the women and girls rescued from trafficking conditions but also to survivors of rape, domestic violence and regular residents (children and women) of Maiti Nepal. Annually over 400 of them receive such services from Maiti Nepal’s clinic.

Primary Health Centre is moderately equipped to treat basic illnesses with 38 beds. It also has a medical laboratory where routine tests are done. The Primary Health Care Center is supervised by a Medical doctor, 1 staff nurse, 1 HA, 1 ANM, and 3 clinic helpers. Along with this, the centre is equipped with an entertainment room with television where patients enjoy and spend their time.

**Objectives**

- Provide medical care and support to children, girls and women
- Protect the children, girls and women from social stigma and discrimination
- Monitor Anti-retro viral treatment
Sonja Kill Memorial Hospice was established on the 19th of January 2006 located in the northern part of Kathmandu, Gokarna. The hospice is for survivors of trafficking infected with various transmitted diseases like HIV-AIDS, Tuberculosis, Hepatitis, and others as well as for the ones who are mentally disturbed due to various circumstances, violence and abuse in their life.

The Sonja Kill Memorial Hospice provides institutional base care support like free medical services to residents and offers them holistic care, meals, clothing, shelter, medical treatment, vocational training, companionship, affection and a place where they can live in dignity and peace. This centre has been established with the sole purpose of providing a homely environment for the survivors of various transmitted diseases, since they require a different environment to grow and develop physically as well as mentally. It provides regular ART medicines, viral load check, continuous follow up with the patients along with psychosocial support. There are fewer chances of the residents recovering through available medicines; therefore, the hospice provides holistic care for the children and women who are terminally ill or suffering from different diseases.

Objectives

- Provide care, affection and homely environment for children and women (Survivors of Trafficking and sexual exploitation) who are terminally ill.
- Provide 24 hours medical care and support to resident children and women.
- Close observation of the residents receiving Antiretroviral Therapy (ART).
- To provide symptomatic treatment whenever needed.
Edification at Teresa Academy, Kathmandu

Established in 1998 to provide holistic education to the deprived and underprivileged, orphans, semi-orphans children who are not in a position to pay tuition fees and general expenses to obtain the formal education, Teresa Academy has been an excellent hub for such children to excel with world-class quality education at no or nominal cost. Also, its focus is to provide education to those girls children at high risk and vulnerable to be lured anytime and trafficked to the brothels or other forms of commercial sexual exploitation.

These children have the least chances of getting an education if they are not cared for, protected, and rehabilitated. The school is committed to graduating as many educated girls as it possibly could and currently, it has 333 children (85% girls, 15% boys). Majority of the students’ here are sheltered at Maiti Nepal’s Child Protection Center while some of the students come from vicinities.
Major Achievement:

- The SEE (school) graduates of Teresa Academy so far has given a tremendous outcome. From the year it has appeared for the SLC the journey has been very successful with hundred percent results. Many of the students have been able to secure (Grade A or A+) and have kept the integrity of the school. The SEE graduates of 2018 have also given a remarkable result and all the children are pursuing higher studies as per their interest.

- The former alumni of Teresa Academy are working in different sectors and some have established their carrier in the field of Medicine, Accountancy, and Arts.

- The volleyball team of school won several tournaments organized by different schools and colleges.

- Students of Teresa Academy take Taekwondo training and have one of the best Taekwondo team in the country.

- On 28 March 2019 a tournament namely "Third Kathmandu International Taekwondo Tournament" was held where 8 different countries participated and our team won the third prize which is a matter of honor to us all. Moreover, 6 Gold Medals, 4 Silver Medals, and 4 bronze medals were won by the children of Teresa Academy.

Chahari Class, a non-formal education opportunity, is a program being run at Teresa Academy and provided more than 30 persons with such educational opportunities.
EXTRA ACTIVITIES AT THE SCHOOL

Teresa academy has a wide range of extracurricular and co-curricular activities in order to help students explore their talents and develop their skills. Each child finds a sport or activity that interests them and the teachers provide them the necessary guidance and skills. Such activities develop the knowledge, skills and capacity to produce skilled and competent individuals, it also helps to foster the quality of life and builds up self-confidence and develops student ability to think, analyze and judge in any situation they may go through.

Some of the activities done internally are:

- Spelling Contests
- Dance and Songs Competition
- Inter House volleyball Competition
- Mini Sports
- Inter House Basketball Competition
- Artwork, Handwork, Needlework.
- Quiz Competition
- Elocution and debate
- Play competition
- Rhymes Recitation
- Handwriting Competition
- Education expedition/excursion
**Education Scholarship Program**

The special scholarship program known as “Minderoo Scholarship Program” is designed to provide financial support to orphaned and vulnerable youths who have successfully completed grade XII. This program assists them in undertaking tertiary education programs at suitable institutions in Nepal and India.

Till date 36 students have received opportunity to pursue bachelor’s degree programs on Hotel Management, Computer Science, Journalism, Information Technology, Business Administration, Social Work, Chartered Accountancy, Nursing, Medicine and Engineering from different institutions. So far, 26 students from six different batches have successfully completed their education and three of them dropped out due to specific reasons. Likewise, remaining 10 are pursuing their bachelor’s degree in their desired subjects. Besides, 6 of the girls are doing the higher secondary course under the PAWA-Pan Asian Women’s Association scholarship project.
World Children Prize Program

The World's Children Prize program founded in 2000 is the world's largest annual rights and democracy education initiative for children across the globe. It further focuses on educating and empowering the children as change makers, demanding respect for equality. Every child possesses rights and the state should be responsible to make those rights accessible to every child. The WCP program helps children from every corner to come together in a common platform and get equipped with the rights they possess and be informed how they can make use of their rights in every sphere of their lives.

Under the World's Children Prize program Maiti Nepal has been promoting child rights precisely focusing on girl's rights and child sex trade. This year (2019), the project was implemented in merely Kathmandu valley with following programs:

- Orientation/Training on WCP and child rights was organized for 164 students and 16 teachers from selected schools of Kathmandu i.e. Teresa Academy and Satya Sai School of Kathmandu district.
- Distributed Globe magazines to the selected Schools of Kathmandu district.
- Conducted Round the Globe for the Better World on 1st April with the partaking of 101 children.
- No Litter Day organized on 16th May with the partaking of 138 students of Teresa Academy, Satya Sai School of Kathmandu District.
- 106 students from Teresa Academy participated in Global Vote and chose their Child Rights Hero.
- Child Rights' Ambassadors of WCP conducted the Children's Conference at Kathmandu to announce their Child Rights Hero.
Services to Mothers and Babies at Risk (Mother-Baby Project)

Services to Mothers and babies at Risk was initiated to provide comprehensive care to survivors of (trafficking, rapes, and gender violence) and their newly born babes, who have been stigmatized and discriminated by the communities.

Maiti Nepal provided comprehensive services to the ten girls and women for nine months. Out of the ten, six were pregnant when they were initially brought to the shelter of Maiti Nepal who delivered healthy babies later on whereas other three had infants along with them.

The young mothers who have been residing inside the shelter of Maiti Nepal live a happy and healthy life with proper care and support. In addition to that, they are provided with timely counselling where they are motivated to grab the opportunities to make their life independent and meaningful.

The services rendered by Mother-Baby Project:
- Psychosocial counselling
- Medical examination
- Provide healthy diet and nutrition
- Provide Entertainment services
- Provide Income generating trainings
**Major Achievements**

- Six mothers who joined Maiti Nepal under different circumstance successfully delivered healthy babies.
- Life of one baby saved who suffered from Sepsis and received NICU support for four weeks.
- Two young mothers enrolled to in-house tailoring training.
- One mother received a job placement in Maiti Nepal Foundation where she is involved in making beaded bracelets and handicrafts.
- Reintegration of five mothers with their family members with proper counselling to the family members.
The devastating earthquake that struck Nepal on the 25th of April, 2015 left the entire nation with heavy destruction, psychological scars, and loss of lives and properties. Many children have been orphaned, many women have been widowed and many families have been separated. Thousands of people died and millions became homeless. People have been living under the open sky compounded with sheer terror and fright.

The mega earthquake in Nepal destroyed most of the schools depriving thousands of children from educational opportunities. Children in all these schools are forced to stay away from schools or manage study in temporary learning centres. Government of Nepal has formed National reconstruction Authority to boost up the reconstruction and rebuilding works.

Maiti Nepal's priority was to rebuild the dilapidated infrastructures in highly trafficking prone areas. Maiti Nepal put efforts on to restore normalcy in public life by resurrecting basic facilities and reactivating dismantled public institutions including schools.

Maiti Nepal, in co-operation with Aura Freedom International, Canada started the rebuilding the school at Kavre district to ensure quality education to the affected ones in partnership with institutions like National Reconstruction Authority, Department of Education, District Development Committee (DDC), School Managing Committee and RM (Rural Municipality)

**Major Achievements**

- Fully reconstructed the Bhumimata Secondary School building destroyed by the earthquake which directly benefitted more than 300 students of the locality.
- Contributed to recovery of the disaster affected population in the project area.
- Promoted local education system to the children and women, ensuring, uplifting the education standard and encouraged the children, community and individuals to go to school especially the young girls.
ACTIVE - Action at Community on Trafficking Intervention and Violence End (started in July, 2015) in Chitwan, Sindhupalchowk and Rasuwa districts in 2019

Action at Community on Trafficking Intervention and Violence End (ACTIVE) project was implemented in Rasuwa, Sindhupalchowk, and Chitwan District. Rasuwagadhi border at Rasuwa District and Tatopani border at Sindhupalchowk district are the international border checkpoints between China and Nepal.

Major Achievements

- 6 information centres functional/operated
- Four groups of Maiti Nepal Volunteers (MNVs), Four groups of Community Safety Net (CSN) persons’ trained on communications, mobilization and facilitation skills and they referred 23 cases to Maiti Nepal.
- 112 transport workers sensitized on anti human trafficking and safe migration issues.
- 24 cases were reported to Maiti Nepal with the help of transport workers, other groups and individuals.
- Three joint patrolling committee formed including Maiti Nepal, Nepali Police, Armed Police Force and Local level Government.
- 80 news and reports, including 26 articles on survivors’ legal rights, were published on anti human trafficking, safe migration, child and women rights issues in print and electronic media.
- 50 police personnel from the District Police Office were sensitized on anti human trafficking and safe migration.
- 51 joint patrolling operations were conducted from Maiti Nepal, Nepal Police and local government.
- 52 radio episodes were broadcasted which included the messages on anti human trafficking, safe migration, child and women rights issues.
- One interaction workshop conducted among the 35 participants including the judges, lawyers, government attorneys (public prosecutors), survivors and human rights defenders. Capacity build up program conducted with 102 representatives of newly elected bodies of local government.
- 103 media personnel were sensitized against the issue of human trafficking, 34 trainees including the MNV’s and Safety Net Persons received the mobilization, facilitation, communication, reporting, case collection and referral skills trainings at the respective district.
- 19 FIRs were registered in police offices and survivors appeared in court hearings 10 survivors were trained in hotel management, tailoring, beauty parlor training and all of them started their own business in their own location.
Nepal Alliance incorporates the 4 (P’s) Paradigms against Human Trafficking (Protection, Prosecution, Prevention and Partnership) with a special focus on the fourth P- Partnership. The project is being implemented through an alliance formed between Maiti Nepal and Shakti Samuha, who are both pro-women organizations working for the establishment of women rights in the country particularly on interventions against Human trafficking and CSEC (Commercial Sexual Exploitation against Children).

It primarily aims to protect and ensure the rights of women from trafficking and victims of CSEC by supporting the rescue operations and the activities of legal aid section of Maiti Nepal, the rehabilitation activities of Maiti Nepal and Shakti Samuha and advocacy and lobbying efforts by both organizations. The beneficiaries of this project include those children and women who have been coerced into trafficking, raped, inflicted with domestic violence, are victims of CSEC and who are intercepted/saved from the verge of being trafficked.
Major Achievements

- Conducted 3 raids and rescued 203 girls and women (43 were minors) from India who were trafficked and faced different exploitative situations.
- 241 girls intercepted from Nepal-India border through the Transit Home at Kanchanpur and thus, saved from potential risk of various kinds of exploitation. Organized a cross border meeting with the Indian Police and concerned stakeholders which involved 74 participants.
- Organized 2 press meets with the national media and publication houses
- Organized 2 non-residential meetings with District Project Advisory Committee and members of DCCHT, all in Kathmandu and Kanchanpur, in order to highlight the general public of the legal efforts being conducted by Maiti Nepal and discuss the implementation of laws and policies at ground level.
- Filed 48 cases of trafficking, 136 cases of rape, 582 cases of domestic violence and dealt with 1867 cases of missing person (of which 23% were found). Conducted 4 regular and 6 bi-monthly legal orientations to survivors of trafficking on various existing legal provisions related to trafficking, domestic violence, rape and other forms of gender-based violence in order to help the survivors prosecute cases of trafficking and other convictions.
- Conducted 3 interaction programs with a total of 107 participants in coordination with the ward authorities, concerned ministries and other district level stakeholders in order to discuss possibilities and provisions to provide better and quality services to the survivors of GBV, trafficking and rape.
- In order to ensure sustainable economic empowerment of survivors through skill inculcation, 62 survivors were provided non-formal education through School for Life and 38 with the help of home tutor. 14 residents were provided Hotel Management whereas 6 received Beauty Parlor training in order to provide with income generation skills. Moreover, vocational training was provided to 9 beneficiaries in tailoring and 1 in bakery, of which 2 have already gotten jobs.
- Sensitized 4500 people through awareness campaigns in multiple districts, celebrated 3 days of international significance
- Provided opportunity to 300 survivors of trafficking to share their stories as a part of mobilizing the survivors or potential victims of trafficking in raising public awareness against the issue.
Maiti Nepal Foundation

Maiti Nepal Foundation (MNF) is a sister organization of Maiti Nepal (a non-governmental organization established with a vision to have a society free from sexual and other forms of exploitation against children and women and mission to prevent human trafficking). MNF is a profit-not-distributing social body established in 2011 AD under Company Registration Act. The aim of Maiti Nepal Foundation is to support the vision of Maiti Nepal by providing employment opportunities to the survivors of trafficking and gender-based violence as well as pave the way for the sustainability of Maiti Nepal. MNF has a strategic vision of developing entrepreneurship skills and self-reliant capabilities among the survivors of Maiti Nepal. MNF is committed to run business in a manner that reflects its high ethical and moral values, and in compliance with the laws of the Republic of Nepal and of the countries where its products are exported, and materials are bought from.

Mission

To assist women, children and survivors of trafficking and other forms of violence by conducting programs suitable to provide livelihood and employment opportunity.

Objectives

- Provide long-term employment opportunity to women, and survivors of trafficking and other forms of violence.
- Provide safe working environments for our artisan or producers or employees and building an open and supportive working relationship with our employees.

MNF currently runs 2 main projects that helps to support girls and women economically and help them to lead an independent life. The details of the projects are:
Maiti Café is a start-up social enterprise envisioned by Maiti Nepal Foundation, Afno Nepal and Free a Girl to support Maiti Nepal on its mission to combat trafficking in women and children. Many projects of Maiti Nepal that support the areas of prevention and protection are at a stage to face shutdown due to financial crunch.

Apart from being a financial partner to Maiti Nepal, Maiti Cafe is also a full-scale café and training center that employ and train high risk/potential survivors of trafficking as well as rescued individuals that escaped trafficking entrapments. Ultimately Maiti Cafe’s goal resonates with that of Maiti Nepal- a society free from trafficking of women and children. Maiti Café is an endeavour to bridge the need of an exemplary social organization with the need of an eatery that provides diversified and wholesome menu. The cafe serve hygienic meals catering to the pressing need for places that serve fast food with top-notch health standards. Maiti Cafe take pride in our unique menu that will bring out the foodies inside of every one of us.
MNF runs a workshop which masters in the art of making beautiful handicrafts. The products are designed and created by the survivors of Maiti Nepal. They are specifically trained in making beaded items and women's accessories in particular. Those responsible for making these products, in reality are survivors of trafficking, domestic violence, rape and other forms of violence and abuse. The workshop ensures the economic sustainability of them as well as the other revenue collected will help for the sustainability of the organization.
Producing Affordable Sanitary Napkins

Maiti Nepal in collaboration with Standard Chartered Bank has implemented the Sanitary Napkins-making project. The project is being operated inside the premises of Maiti Nepal, Pingalastha, Gaushala, Kathmandu. The main objective of the project is to empower the high-risk girls/women through production of low-cost Sanitary Napkins that ensures the sustainable business and promotes safe menstrual hygiene of the women.

Objectives:

- Producing and supplying the quality based sanitary napkins in lower cost
- Supporting the different projects of Maiti Nepal.
- Providing trainings and job opportunities to survivors of trafficking
- Providing disposable income to survivors of trafficking and encouraging entrepreneurship among them.
- Improving the menstrual hygiene of women/adolescent girls, hence improving the reproductive health
"Aama, I will keep both of you very happy", was what Sapana (name changed), 14, used to say to her mother when she was very young. Life is all about dream and hope, something that keeps one moving forward. Sapana was brought up in a poor family where life revolved around fulfilling basic needs and dreams get saturated just to ease the fulfillment of basic needs. Dreams are beautiful because they cost nothing to be seen and even Sapana’s father had seen it in his ways and it was educating his girl child despite the poor economic conditions. A daughter vouching for a better life of parents, a father believing his daughter would come out of mud as a beautiful lotus and mother hoping for life with joy.

Dreams are chaotic on the other hand because they are more brittle as the glasses and same happened with Sapana who, despite being good on her studies lost interest on studies after grade nine when her mother left them for a better living, being tired of poor life. Her father, a masonry worker then decided to keep her off school as she had lost interest of it. Suddenly, a beautiful dream dramatically turned to a nightmare.

A kid left by her mother, dealing with poverty and torn up between life, hope and reality soon inclined herself towards money as a solution to become happy, which definitely wasn’t wrong at that moment. Sapana then started living with a friend and thereafter looked forward towards her life and at this moment there wasn’t anyone to tell her what was right and what wasn’t. She followed her friend who too was of her age. The lights of the city soon looked better on her, and she too believed she would shine the brightest there and eventually started working at a bar at Thamel. As the saying goes, not everything you touch is gold, shine the brightest there and eventually started working at a bar at Thamel. As the saying goes, not everything you touch is gold, things didn’t go as Sapana thought it would be. She couldn’t continue the work there because of her height and age was also a bar for her.

Sapana then moved to Pokhara where her mother was with her new husband and stayed there for a month and somewhat didn’t feel like living more and came back to Kathmandu with the desire to work and earn more. She got a job at a guest house where work wasn’t as she expected and was more of something she wasn’t used to yet she kept on working because she wanted to earn and make something for herself. Things got uglier and she was badly treated by customers; physically and emotionally and also didn’t get the pay she was promised for by the owner. It just didn’t stop there; she rather became used to it, seeing not much of options to get out of it. Somehow, she was tied up seeing not much of options and more in a state of helplessness and who would have helped her? Who would have known about the pain she was in? and about the battle she was going through. There wasn’t anyone showing her the way, making her follow a track and once again make her believe in her dreams and all she was lost and more teased and played upon.
Santosh (name changed), the owner of the guest house one day took her helplessness as an opportunity and on the name of providing salary, he raped her. She was torn apart. She was vulnerable. She felt like she has no voice left to speak and not much of hope left to live for. The act of Santosh continued more and more harshly on a repeated basis, it turned to physical violence and raping her on regular basis. Sapana was lost and attacked upon and she just didn't know a way out and all she could do was tear up and wipe her tears by herself.

Being a 14 year old, with less maturity and the need for money, Sapana gathered herself up and came to a police station to complain about the situation she was in which looked into the matter. She was suspected of HIV-AIDS and rather of relieving her of problems and misery, they were piling up and on.

Luckily, the lights weren’t gone totally, it seemed dark yet there were rays left in her life and she came out free from HIV and the rays of light somehow came through the gloomy darkness in the name of Maiti Nepal. Thereafter, she has been taken care of and been provided with psycho-social counseling, medical facilities and shelter. A case has been registered in the court against the culprits. Maiti Nepal is already in contact with her family members, but yet to be re-integrated because knowing the fact that she was a good student, Maiti Nepal is looking forward to admit her in the school. This will definitely help Sapana to come out as free spirit and live the life all over again as she dreamt of. Darkness surely blinds us, helplessness makes us chained and no one to look over leaves us wondering and somehow, sometimes some rays come by and gives us a chance all over again.

This is just a simple story or let us say an experience of a girl going through a lot in her life but let’s hope we all in some way be rays to many girls out there going through as these and somehow make a society where everyone’s dream count for.
Rescue

"Who is to be blamed for.............."

Living in a country where everyone speaking about equality, women's right, equal participation and many more similar talks. But there hasn't been a day that we have not heard about struggle that women are still facing. Case of murder, rape, suicide, violence has been common to every Nepalese. Yet these go unseen or unheard. Poverty, Illiteracy, unemployment and many more are the prime causes.

This is yet another story of survivor, Ms. Sofia Shrestha (name changed). She lost her father when she was just 2. With demise of the only breadwinner of the family, it shattered hope of every member of her family. Her mother went to depression and the reason behind it was, "her grandmother", cursing her for being the reason of her son's death. At such a young age, when guidance, motivation, love and affection, care and nurture from parents is a must need, which actually helps to develop perspective of the outer world, it was like that they were abandoned. With such situation, Santosh (name changed), Sofia's brother left home. And Sofia did the same. With hope to live a better life, Sofia came to Kathmandu along with her brother. One day, she met a guy named Raju Karki (name changed) in a restaurant, where she was having her food. As Sofia was looking for work opportunities to sustain her life at the city, Karki became a ray of hope for her, who offered her a job at his hotel as a Kitchen Assistant. Without a second thought, she happily accepted the offer as it gave a sturdy base to start off her life at the city which she dreamt of.

Days got better for her, as she was employed, her employer gave lots of freedom for her to meet her brother time and again. What more would she ask for more, after all, it was all she had wished for. Little did she know, her happiness would last only for two weeks. The ray of hope her eyes were seeing immediately turned to dark when she was locked at one of the room of the same hotel she was working for. Karki wanted some hefty return for his favor to Sofia. She was then forced to have physical relation with his clients and when disagreed, she was tortured. Cigarette burns, physical and verbal abuse was a daily routine and worst of all, Karki hit her head with a bottle that she had to get it stitched. All this time, her brother on the otherside tried to reach to his sister but could not because Karki told that Sofia left the job and he doesnot know about her whereabouts.

When other girl of same age were going to college, enjoying, learning new things in life she was forced to sell her body for others pleasure. She was injected with anesthetic medicine and was sent to serve more than 10-12 men every day being in a sub-conscious state. Doing this also didn't suffice owner that Sofia got tatted on her body so that other would raise question on her character and it happened in everyone's eye. Who wouldn't want to get rid of such life? The only difference is some look for solution whereas some see end of life as end solution. And Sofia chose second option, she attempted suicide.

But this was not end of Sofia's life, Angie became rays of hope for her another life when she gave her phone and Sofia got chance to call her brother. Her brother with help from Police was able to arrest the assault. Sofia was taken to her brothers place. But the world was never the same for her. Her life was totally devastated. She was rescued from brutal tortures but the rest was again a test. So, with further investigation she was brought to Maiti Nepal.
Today, she is living a better life. Maiti Nepal is taking care of all the comprehensive services she requires and a legal case is filed against the culprit. All she want is severe punishment to the assault who ruined bright days of her life and wants to live a happy and dignified life, which Maiti Nepal is adamant about.

And now, the question raises who is actually a culpable of creating this situation, Is Sofia herself responsible, is it that her want to get better life, a reason or Karki, who wanted a hefty favor for providing job for her??? In the so called male dominated society, some may even blame Sofia. But why don't we change our thought, women is not a puppet to be used as men want. Don't make their obligations as your means to fulfill your purpose. Let's change our thought, respect everyone, respect each other's obligations and create a better place to live!!!
Rescue: Organ Trafficking

Safe from the hands of organ traffickers......

From a very young age, Ramya dreamt of being independent. She was a kind, thoughtful girl who knew that her family needed her support. She dropped out of school along with her friend and decided to start working as waitresses in a restaurant. But the situation was not suitable for these young girls. Then, they decided to start their own business of patching glitter to the veils of brides in the region. They earned sufficiently in some parts of the year, but during the off seasons, they spent their days frustrated at their situation.

It is common for human traffickers to prey on the desperation of young girls by making false promises. Sarifa (name changed) from Ramechhap was one such trafficker. She met Ramya when her family had moved to the Kathmandu District. They resided at the same home like family members who supported one another. Soon, Sarifa started grooming Ramya. She made several efforts to build an emotional bond with the young girl, including by treating her like her sister and asking Ramya to teach her daughter. Ramya was blinded by her affection and care.

Sarifa was close to a man named Binod (name changed). They were both were married with their partners yet shared intimate details of their lives. One day, Sarifa approached Ramya with a proposition. She told her that a couple was in desperate need for money and wanted to sell their kidneys in Kolkata, India which frightened Ramya. Sarifa spent the next few days convincing her that it was with their own will and it was legal in the country. She even promised Ramya - who she knew needed money - a sum of Rs. 40,000 for escorting the couple to Kolkata. Ramya relented. Her family could use the money to pay off their expenses.

Soon, the plan was executed. Ramya was asked to go with Sarifa’s brother and a stranger on a bus from Bus Park. Sarifa promised her she would take the next flight and meet her at Kolkata. She warned Ramya that Maiti Nepal would intercept them at the border. She was trained to tell the Border Surveillance Team at Maiti Nepal that the stranger was her husband. With the sindoor (a sign of married Nepali women) on her forehead and beads on her clothing, they were convinced that Ramya would be able to pull this deception off. They even provided her with an Indian number to show the border surveillance team as her sister-in-law’s contact details.

Maiti Nepal team stopped Ramya at the border and found the situation suspicious. Ramya narrated to them a story about the need for her presence in India. During the questioning, Ramya panicked. She said she had come on her own. The border surveillance team knew this was a dangerous situation for young Ramya. They asked her who had accompanied her on the bus. Even though she refused to reveal their names, the team found out the guy whom she was traveling with. With the help of the bus driver and Maiti Nepal staff, police took the men into custody.
Ramya filed a case against Sarifa and Binod, but they had escaped. Even her mother was unaware of this situation as Sarifa had groomed Ramya to trust her to this extent. Ramya’s ordeal has now come to an end. After a legal procedure at the court, she was brought to the Maiti Nepal office in Kathmandu. She is now empowered and knowledgeable about the perils of human trafficking and unsafe migration. Currently, she is receiving all the comprehensive services at the shelter of Maiti Nepal and started a training course so that she can have a safe, economically sound future and secure her dream of independence.
Radhika (name changed), 13, was brought up in a family of 5 members with poor financial condition. It was during the recent festival time, Dashain and Tihar (biggest nepali festival), she was bit by a dog. Her mother was busy in her chores who told her to go by her own.

Young Radhika had no idea what to do. This is when she met a neighbor aunty, Karuna (name changed), who frequently visited them. Karuna moved forward to help Radhika to go to the doctor and get the tetanus injections. It became a ritual for her to go along with her aunty to get the vaccine series and slowly built a strong connection.

Karuna regularly suggested Radhika to visit new places, try new food to which she denied saying her mother won't approve of it. Karuna tried to lure Radhika of new places she could visit, proper education, good foods and new clothes to which Radhika fell for. With all these in mind, Radhika started disliking and getting irritated by her mother and liking everything told by the aunty.

One day, after the last injection, Radhika's mother started scolding her while her aunty was listening to that. This was the point when Karuna convinced her to leave her home. They both went to the nearby buspark, where they met a random guy, who took her to a hotel room. The aunty has now disappeared and Radhika was threatened not to speak a single word against them, if so the result would be as severe as her family being killed. The very next day, they moved in a taxi with the destination unknown for her.

The unknown destination was a brothel in Delhi, India. Very naïve about everything, she expected it to be a school. She was laughed at by the other residents to think so. She was shifted to various places with different types of work, sometimes a babysitter, sometimes a house maid. She was also given medicines so that natural growth of her body speeds up. With this, she can be exploited as her body will look like a adult one. This continued for a while and yound Radhika was still unaware about it completely.

But there's always light at the other end, Maiti Nepal and team were able to locate the whereabouts of her. She was immediately rescued and repatriated back to Nepal. Her case was registered at the police. Since then, she has been residing at the shelter provided by Maiti Nepal. She is in touch with her parents whose financial condition is still at bleak. Therefore, she continues to reside at Maiti Nepal with all the comprehensive services being provided. She has now joined the bridging class to get back to school and class where she left.
Her village is situated somewhere in the Eastern part of Nepal - an area nestled in the Southern Terai region.

During her childhood, Sarita would accompany her parents to Fiddlehead fern (Niuro in Nepali) - a young fern used as a vegetable. Even today, she reminisces about how she would eagerly wait for a break from school to spend time in the woods and riverbanks searching for Niuro. She was in grade 6 when she had to drop out of school. Her parents were unable to afford the school fee with the little income they accumulated from selling Niuro and collecting sand near the river bank. The young girl was now left with no educational opportunities and consequently, was vulnerable to exploitation.

She had heard about the ABC Hotel in Kathmandu as her sister Sharmila (name changed), had worked there in the past and on one of her visits to the village, she left the visiting card - with the hotel details neatly printed on it - behind. Sarita called the number mentioned on the card and asked the hotel owner for a job. As a young child, she saw this as a good (and maybe her only) option to support her parents and build a safe future for herself and her siblings. The owner soon told her to come to the hotel.

At first, everything was going well. The hotel owner had promised to provide accommodation, food, and clothing for one year and a salary of 5,000 rupees each month. However, over the next few days, the reality of the circumstances at the ABC Hotel became apparent to Sarita. Besides not paying their due salaries, the owner ensured that he had cut off their communication to the outside world. A few of the staff members ran away from the hotel due to the intolerable circumstances. Sarita felt desolate and caged. She spent her days thinking about her village and those rainy days collecting Niuro - her mother's hand strongly gripping hers to protect her.

Then, one day, things changed. Maiti Nepal and the Nepal police were alerted about the conditions at the hotel. They showed up at the facility to inform the owner about the rights of the workers there. Maiti Nepal then instructed the owner to bring the employees including young Sarita to their office to talk about fair working conditions and about the exploitation of minors in the entertainment sectors like hotels, dance bars, restaurants and so on.

Sarita knew this was her chance to change the course of her life. One day, while dropping the hotel owner's daughter to school, she took the opportunity to run away and reach the Maiti Nepal's office. On hearing her predicament, the team immediately began to prepare for a rescue operation and 15-year-old Sarita was successfully rescued from the hotel. Today, she is living at Maiti Nepal's shelter, with all the comprehensive services provided. She has already started receiving sewing and tailoring training at the shelter for her to have a dignified social and economical later life. Sarita is glad to be at Maiti Nepal and wants to be back home after the training.
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